

Psychosis Resources

here to help

Includes a range of toolkits including *Family Self-Care and Recovery from Mental Illness Toolkit* and *How You Can Help: A Toolkit for Families*
<http://heretohelp.bc.ca/publications/toolkits>

British Columbia Schizophrenia Society

Support and information for families and friends of people with schizophrenia
<http://www.bcscs.org/>

health link bc

Locate Early Psychosis Intervention programs and other mental health programs across the province. Also includes information on numerous health and mental health conditions.
<http://www.healthlinkbc.ca/>

Psychosis Sucks

Website for the Fraser Health Early Psychosis Intervention Program. Handouts and information on early psychosis including a *Family Coping Booklet*.
<http://www.psychosissucks.ca/>

Help Overcome Psychosis Early

Website for the Vancouver/Richmond Early Psychosis Intervention Program.
<http://hopevancouver.com/>

BC Ministry of Health Services

Includes publications such as the *Early Psychosis Care Guide, EPI Standards and Guidelines*, and the *Family Physician Guide*.
<http://www.health.gov.bc.ca/library/publications/>

mindcheck

A BC website designed to assist teenagers and young adults in identifying mental health and substance-use problems early and direct people to the appropriate resources.
<http://mindcheck.ca/>